



Course provides the skills needed to recognize and respond to cardiovascular emergencies and choking for adults, children, and babies; use of an automated external defibrillator (AED); and additional skills for healthcare providers. Includes the latest CPR guidelines.

DURATION

6 hours in-class

INSTRUCTOR

CPR Instructor or First Aid Instructor

PREREQUISITE

None

COMPLETION

- Successfully demonstrate skills and critical steps
- Min. 75% mark for written knowledge evaluation
- Attend and participate in 100% of the course

CERTIFICATION

3 year certification in CPR Level HCP

RECERTIFICATION

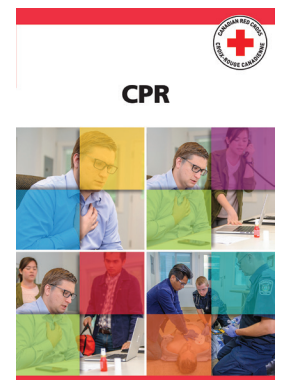
5 hours in-class

COURSE CONTENT

- The Red Cross
- Responding to Emergencies
- Check, Call, Care
- Recovery position
- Choking – adult, child and baby
- Assisting with medications
- Angina and heart attack
- Stroke
- One-rescuer CPR and AED– adult, child and baby
- Deadly bleeding
- Jaw Thrust
- Pulse check
- Rescue breathing – adult, child and baby
- BVM – adult, child and baby
- Two-rescuer CPR and AED – adult, child and baby

PARTICIPANT MATERIALS

- CPR (manual from the Canadian Red Cross)
- *Comprehensive Guide to First Aid & CPR* (eBook)
- HCP Participant Content Download
- CPR HCP certificate



Canadian Red Cross

Training Partner

To register for an upcoming course or for further information, please contact us at 905-240-0092 or info@durhamfirstaid.com.

Let us give you and your staff the confidence and personal knowledge needed to help in an emergency.