


# Wilderness & Remote First Aid

Basic level of Wilderness & Remote First Aid that covers material in Standard First Aid & CPR, plus special material on techniques for wilderness and remote areas. Course also offers strategies for providing extended care for up to 24 hours. Part of the course is taught in an outdoor setting and requires greater physical activity and endurance than typical first aid training. Suitable for those who work or live in remote locations or who are outdoor recreation enthusiasts.



<b>Duration</b>	20 hours (more than 25% of course taught in non-urban setting, if possible 50%)
<b>Instructor</b>	Red Cross Wilderness & Remote First Aid Instructor, Advanced Wilderness & Remote First Aid Instructor, or Wilderness & Remote First Aid Instructor Trainer
<b>Completion</b>	100% attendance, skills demonstration, and 75% min. passing grade on written exam
<b>Certification</b>	3-year certification in Wilderness & Remote First Aid, CPR Level C, and AED
<b>Recertification</b>	8–10 hours; includes CPR Level C
<b>Course Content</b>	<ul style="list-style-type: none"> <li>■ Planning</li> <li>■ Your health</li> <li>■ Assessment</li> <li>■ Airway emergencies</li> <li>■ Breathing and circulation emergencies</li> <li>■ Cardiac and respiratory arrest (includes CPR-C)</li> <li>■ Wound care</li> <li>■ Head and spine injuries</li> <li>■ Bone, muscle and joint injuries</li> <li>■ Sudden medical emergencies</li> <li>■ Environmental emergencies</li> <li>■ Poisons</li> <li>■ Extended care</li> <li>■ Evacuation: transporting the ill or injured person</li> </ul> <p><i>Includes any other content required by specific legislation</i></p>
<b>Take-Home Materials</b>	<p><i>Wilderness &amp; Remote First Aid Field Guide</i></p> <p>Certification card and optional wall certificate (or as required by legislation)</p> 

# Wilderness First Aid Course

## August 6-8, 2018

**Location:** Girl Guide Camp Ademac – 2685 SHIRLEY ROAD, RR #1 (Lower Lodge)

**Dates & Times:** Monday August 6 8:30am-5:30pm  
Tuesday August 7 8:30am-5:30pm  
Wednesday August 8 8:30am-1:30pm

**Price:** \$350 + HST (\$395.50)

**Price includes:**

- Wilderness First Aid Course Material
- Certification
- Accommodations for the nights of August 5-9 (in fully serviced cabin with water, shower, full kitchen, and bunk beds)

**Payment:**

- Call me during business hours at 905-240-0092 to pay by credit card over the phone.
- Send an etransfer to [durhamfirstaid@outlook.com](mailto:durhamfirstaid@outlook.com), security question being "Provider Type" and the answer being "RedCross".
- Come into our training centre located at 585 Wentworth Street East, Unit #35 during business hours
- Payment Plan can be made available

**Completion Criteria:**

- Ability to comprehend and successfully demonstrate the skills
- Ability to complete a written, closed book knowledge evaluation with a minimum mark of 75%
- Participants must attend and participate in 100% of the course
- Instructors can facilitate the knowledge evaluation as legislation dictates and/or as participants require

**Questions?**

Call Durham First Aid Inc. at 905-240-0092 or email [info@durhamfirst.com](mailto:info@durhamfirst.com).

**\*Please note:**

- Accommodations are optional but will not be subtracted from the price.
- Accommodations are shared, there is one shower and three-bathroom stalls all in one gender neutral bathroom. This is a co-ed event
- Price does not include food. Once participants are confirmed a meal plan will be discussed.



# Wilderness First Aid Course

## August 6-8, 2018

Participants' Name: \_\_\_\_\_

Participants Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Please check your intentions of accommodations:**

- Staying at Camp Ademac
- Commuting to the campground for the sessions

**Cancellation Policy (applies to those that fail to meet prerequisite, no shows, cancelations, etc.):**

- If you do not show up your course (you are a NO SHOW), without notice before the start of the course (i.e. 9am) no refund will be provided. Rescheduling will also not be accommodated should you have not provided notice that you were not attending.
- As we do not have another course scheduled, there will not be the ability to reschedule to another course.
- Should you need to cancel your registration, the following will apply:
  - A refund minus a \$20.00 administration charge will be issued if your request to withdraw from a course is made 5 or more business days prior to the start of the course (i.e. Wednesday for a Saturday course, Friday for a Wednesday Course).
  - A refund equal to 50% of the course fee will be issued if a request to withdraw from a course is made less than 3 business days prior to the start of the course.
  - No refunds will be issued for those wishing to withdraw once the course has started.
  - If materials have been obtained in advance of the course, all materials must be returned in re-saleable condition before the refund is issued.
- If Durham First Aid Inc. needs to cancel a course for unforeseen circumstances, we will:
  - Issue a full refund if no alternate course date is available that fits the participant's schedule.

<b>For Office Use Only:</b>						
Method of Payment	<input type="checkbox"/> Cash	<input type="checkbox"/> Cheque	<input type="checkbox"/> Credit Card	<input type="checkbox"/> Etransfer	<input type="checkbox"/> Invoice	<input type="checkbox"/> Debit
Amount Received:	_____		Date Received:	_____		
Receipt #	_____		Receipt Email	<input type="checkbox"/>		
Confirmation sent?	_____		Pre-course assignment Provide:	<input type="checkbox"/> Yes	<input type="checkbox"/> No	