



Offers basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families.

DURATION

7-8 hours

INSTRUCTOR

Red Cross Youth Leader

PREREQUISITE

Minimum 11 years of age (or completion of Grade 5)

COURSE CONTENT

- How to be responsible and demonstrate leadership
- How to make good decisions and manage difficult behaviours
- Information on children's developmental stages, and specific strategies for each stage
- How to feed, diaper, dress, and play with children and babies
- How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours
- First aid skills
- The business of babysitting

Day time courses run from 9am - 5pm at our Training Centre

Evening courses run from 6:30-8pm over 6 weeks.

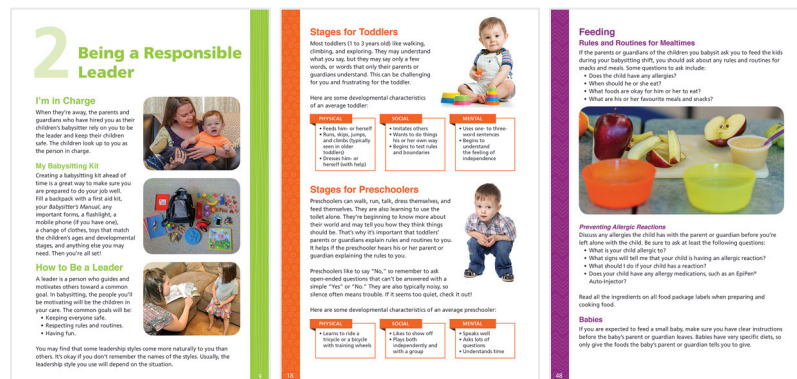
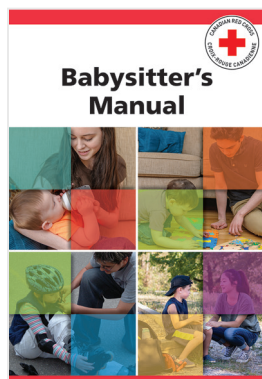
Our Training Centre is located at 585 Wentworth St. East, Unit #35, Oshawa, L1H 3V8

Additional Courses can be added upon request. And private courses can be scheduled at your or our location.

TAKE-HOME MATERIALS

Babysitter's Manual

Completion certificate



Sample Pages

To register for an upcoming course or inquire about private group training call us at 905-240-0092 or email info@durhamfirstaid.com

www.durhamfirstaid.com