



Offers basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families.

## DURATION

7-8 hours

## INSTRUCTOR

Red Cross Youth Leader

## PREREQUISITE

Minimum 11 years of age (or completion of Grade 5)

## COURSE CONTENT

- How to be responsible and demonstrate leadership
- How to make good decisions and manage difficult behaviours
- Information on children's developmental stages, and specific strategies for each stage
- How to feed, diaper, dress, and play with children and babies
- How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours
- First aid skills
- The business of babysitting

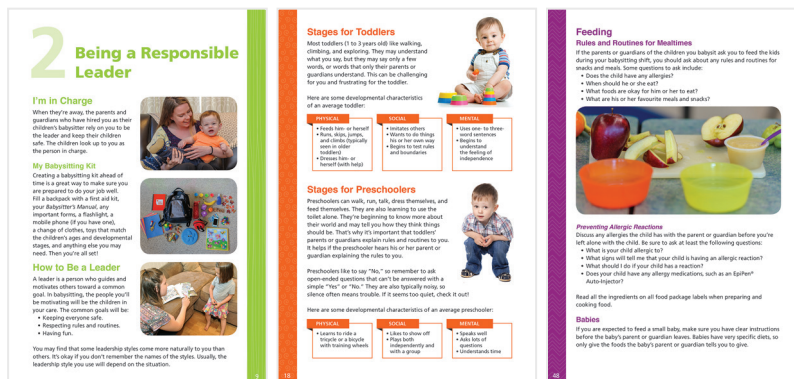
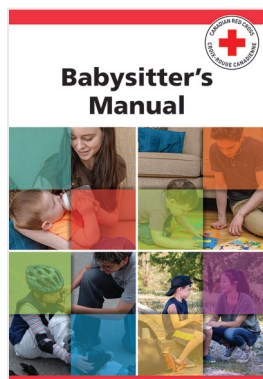
All courses run from 9 - 5 at our Training Centre in Oshawa, located at 585 Wentworth St. East, Unit #35.

Additional Courses can be added upon request. And private courses can be scheduled at your or our location.

## TAKE-HOME MATERIALS

*Babysitter's Manual*

Completion certificate



Sample Pages

To register for an upcoming course or inquire about private group training call us at 905-240-0092 or email [info@durhamfirstaid.com](mailto:info@durhamfirstaid.com)

[www.durhamfirstaid.com](http://www.durhamfirstaid.com)

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The Experience to Make a Difference.

