

Durham First Aid Inc. COVID-19 Policies

Updated December 9, 2020

COVID – 19 PROTOCOLS:

Before Arriving at the Training Centre:

- Please read this document in its entirety
- Please review the pre-screening questionnaire (below). You do not need to print this document, but you will be asked the questions when you arrive. If you are feeling unwell, please call us to reschedule your course.

Coming to the training centre

- **Course sign-in begins 15 minutes before your course so we can screen everyone accordingly.** Please plan to arrive within the 15 minutes before the course.
- When you enter the building, we kindly ask that you sanitize your hands.
- Screening will consist of questions related to COVID 19, as outlined by the Ministry of Health and the Canadian Red Cross (see questionnaire below).
- A non-contact temperature check prior to entering the office will be conducted. Temperature must be no greater than 37.8°C.
- Only one participant can be at reception at a time. Please wait by the chalked lines marked outside our door. The line will be between units #35 and #36. (if there is inclement weather these lines may be erased, please respect other's space by waiting 6 ft. apart).
- You will notice that all staff will be wearing masks, to ensure your protection. We ask for your cooperation in wearing a mask that covers your mouth and nose upon arrival to protect our team and fellow participants. If you do not have a mask, one will be made available as you enter the reception. Please sanitize your hands before taking one from the box. – See below "Masks" for more specifics on types of masks.
- There will be many stations provided to sanitize your hands throughout the office. Hand sanitizing is essential before entering the classroom. You will even have your own bottle in your workspace, should you require additional comfort throughout the day.

Masks:

- A mask is required to attend class. If you are unable to wear a mask, the Red Cross has mandated that you are not able to attend training at this time and must reschedule for a later date.
- A mask is provided when you arrive at Durham First Aid Inc.
- The Red Cross **recommends** that disposable surgical masks are worn in class, not home-made masks. But we understand person comfort and will leave the decision to you.
- A mask must be worn at all times.
- When performing CPR it is strongly encouraged that participants ventilate through their masks. This is possible using the medical disposable masks. If you are unable to show ventilation of the manikin through your mask, you can lower your mask to ventilate the manikin. Your instructor must see proper ventilation of the manikin (2 breaths in a row) on both the adult and the baby, to receiver certification. If you are unable or unwilling to perform the skill, certification will not be issued, as your instructor must be confident that you are physically able to perform this life saving skill.

Gloves:

- Please do not bring gloves from home, they will be provided in class.

Your course and the classroom:

- Class size is limited to 9 participants and one instructor. (This limit is required by the Government of Ontario for a maximum social indoor gathering of 10).
- Each participant has 36 sq. feet of space for their use throughout the day. This space will have all the equipment you will need for the day. You will not be sharing any equipment with other participants. All equipment is sanitized after class. Your work square will have a small table (tv tray), as well as a chair.
- We have 4 washrooms available, however we will be asking that only the 2 washrooms located closest to your training room be used (unless only one training room is in use). We will be sanitizing the washrooms and common areas after every break/lunch, throughout the day. Should washrooms need attention, please let reception know.
- Your instructor will always have a mask when leaving their workspace. Your instructor will be donning full PPE if they leave their workspace or must enter yours for any corrections of skills.



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Full Name (Please Print): _____	Recorded Time	Recorded Temperature

Sample Screening Questions	Yes	No
Are you experiencing any of the following? <ul style="list-style-type: none"> • Severe difficulty breathing (e.g., struggling to breathe or speaking in single words) • Severe chest pain • Having a hard time waking up • Feeling confused • Losing consciousness 		
Are you experiencing any of the following? <ul style="list-style-type: none"> • Mild to moderate shortness of breath • Inability to lie down because of difficulty breathing • Chronic health conditions that you are having difficulty managing because of difficulty breathing 		
Are you experiencing any of the following? <ul style="list-style-type: none"> • Fever • Cough • Sore throat • Runny nose • Headache 		
Have you travelled to any countries outside the province or Canada (including the United States) within the last 14 days?		
Within the last 14 days did you provide care or have close contact with a symptomatic person known or suspected to have COVID-19?		
Did you have close contact with a person who travelled outside of the province or Canada within the last 14 days who has become ill (fever, cough, sore throat, runny nose, or headache)? Close contact is defined as a person who: <ul style="list-style-type: none"> • Provide care for the individual, including healthcare workers, family members, or other caregivers, or who had other similar close physical contact without consistent and appropriate use of personal protective equipment; or • Lived with or otherwise had close prolonged contact (within 2 metres) with the person while they were infectious; or • Had direct contact with infectious bodily fluids of the person (e.g., was coughed or sneezed on) while not wearing recommended personal protective equipment. 		

I hereby acknowledge that the above survey is completed truthfully.

Signature: _____ Date: _____